



## COURSE OUTLINE: CYC102 - CYC METHODS I

Prepared: CYC Faculty

Approved: Martha Irwin, Chair, Community Services and Interdisciplinary Studies

<b>Course Code: Title</b>	CYC102: CYC METHODS I: INTRO TO PROFESSION
<b>Program Number: Name</b>	1065: CHILD AND YOUTH CARE
<b>Department:</b>	CHILD AND YOUTH WORKER
<b>Semesters/Terms:</b>	21F
<b>Course Description:</b>	<p>Child and Youth Care Methods I is an introductory course to the field of Child and Youth Care and to Community Practicum. Students will achieve a beginning familiarity with the body of knowledge, skills, and attitudes that are uniquely those of the competent Child and Youth Care practitioner. Child and Youth Care is an established profession with its own history. It operates within a Code of Ethics and has both provincial (Ontario Association of Child and Youth Counsellors OACYC,) and national associations.</p> <p>Along with the above, in this course, we will explore three central themes: the child at risk, the environment or settings that serve the child, and the Child and Youth Care practitioner as an agent of therapeutic change. This course will also prepare students for fieldwork experiences in educational settings. We introduce the skills and issues concerning observation, reporting, policies and ethics, and confidentiality.</p>
<b>Total Credits:</b>	4
<b>Hours/Week:</b>	4
<b>Total Hours:</b>	60
<b>Prerequisites:</b>	There are no pre-requisites for this course.
<b>Corequisites:</b>	There are no co-requisites for this course.
<b>Substitutes:</b>	CYW104, OEL1145
<b>This course is a pre-requisite for:</b>	CYC155
<b>Vocational Learning Outcomes (VLO's) addressed in this course:</b>	<b>1065 - CHILD AND YOUTH CARE</b>
<b>Please refer to program web page for a complete listing of program outcomes where applicable.</b>	VLO 1 Develop and maintain relationships with children, youth and their families by applying principles of relational practice and respecting their unique life space, cultural and human diversity.
	VLO 2 Assess and respond to the strengths and needs of children and youth, including complex responses impacted by developmental, environmental, physical, emotional, social and mental health challenges in order to promote positive change.
	VLO 3 Analyze and evaluate the impact of the inter-relationship among family, social service, justice and community systems on children, youth and their families and use this information in the planning of holistic care and in the reduction of systemic barriers.
	VLO 4 Plan, implement and evaluate interventions using evidence-informed practices in the areas of therapeutic milieu and programming, and group work to promote resiliency

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	and to enhance development in children, youth and their families.				
	VLO 5 Advocate for the rights of children, youth and their families and maintain an anti-oppression perspective and cultural competence in diverse cultural contexts.				
	VLO 6 Apply communication, teamwork and organizational skills within the interprofessional team and with community partners to enhance the quality of service in child and youth care practice.				
	VLO 7 Develop and implement self-care strategies using self-inquiry and reflection processes to promote self-awareness and to enhance practice as a child and youth care practitioner.				
	VLO 8 Use evidence-based research, professional development resources and supervision models to support professional growth and lifelong learning.				
<b>Essential Employability Skills (EES) addressed in this course:</b>	<p>EES 1 Communicate clearly, concisely and correctly in the written, spoken, and visual form that fulfills the purpose and meets the needs of the audience.</p> <p>EES 2 Respond to written, spoken, or visual messages in a manner that ensures effective communication.</p> <p>EES 4 Apply a systematic approach to solve problems.</p> <p>EES 5 Use a variety of thinking skills to anticipate and solve problems.</p> <p>EES 6 Locate, select, organize, and document information using appropriate technology and information systems.</p> <p>EES 7 Analyze, evaluate, and apply relevant information from a variety of sources.</p> <p>EES 8 Show respect for the diverse opinions, values, belief systems, and contributions of others.</p> <p>EES 9 Interact with others in groups or teams that contribute to effective working relationships and the achievement of goals.</p> <p>EES 10 Manage the use of time and other resources to complete projects.</p> <p>EES 11 Take responsibility for ones own actions, decisions, and consequences.</p>				
<b>General Education Themes:</b>	<p>Civic Life</p> <p>Social and Cultural Understanding</p> <p>Personal Understanding</p>				
<b>Course Evaluation:</b>	<p>Passing Grade: 50%, D</p> <p>A minimum program GPA of 2.0 or higher where program specific standards exist is required for graduation.</p>				
<b>Books and Required Resources:</b>	<p>No Such Thing as A Bad Kid: Understanding and Responding to Kids with Emotional &amp; Behavioral Challenges Using a Positive, Strength Based Approach by Charles Applestein          Publisher: Soaring Wings Press Edition: 2nd          ISBN: 9780984589746</p>				
<b>Course Outcomes and Learning Objectives:</b>	<table border="1"> <thead> <tr> <th>Course Outcome 1</th> <th>Learning Objectives for Course Outcome 1</th> </tr> </thead> <tbody> <tr> <td>1. Understand the principles of relationships with</td> <td>1.1 Use communication skills and engagement strategies to promote positive relationships, understanding and trust</td> </tr> </tbody> </table>	Course Outcome 1	Learning Objectives for Course Outcome 1	1. Understand the principles of relationships with	1.1 Use communication skills and engagement strategies to promote positive relationships, understanding and trust
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children, youth and their families, relational practice and respecting their unique life space, and cultural and human diversity.	<p>1.2 Have an understanding of principles of relational practice including consideration, safety, trust, presence and empathy and how it supports changes for interpersonal patterns within their day-to-day environment</p> <p>1.3 Understand importance of promoting resiliency in children, youth and their families</p> <p>1.4 Interact in a professional manner as guided by the professional code of ethics, and organizational policies and procedures.</p>
<b>Course Outcome 2</b>	<b>Learning Objectives for Course Outcome 2</b>
2. Identify the significance of strengths and needs in assessing children and youth, and understand that these are impacted by developmental, environmental, physical, emotional, social and mental health challenges.	<p>2.1 Understand developmental domains (cognitive, physical, emotional and social) in children, youth, and families</p> <p>2.2 Understand strength-based techniques to prevent, de-escalate, and manage identified behaviours in children and youth</p>
<b>Course Outcome 3</b>	<b>Learning Objectives for Course Outcome 3</b>
3. Explain the role of Child Welfare agencies and develop knowledge of the duty to report abuse.	<p>3.1 Identify and discuss the role of various child welfare agencies and their legislated authority</p> <p>3.2 Determine reasonable grounds to suspect when a child is at risk for abuse or neglect and may be in need of protection and determine when and how to take appropriate action in reporting these incidences in accordance with the Ontario Child and Family Services Act, 1990.</p>
<b>Course Outcome 4</b>	<b>Learning Objectives for Course Outcome 4</b>
4. Plan and explain interventions in the areas of therapeutic milieu and programming to promote resiliency and to enhance development.	<p>4.1 Plan and explain moment-to-moment interventions such as the use of daily activities to create positive change</p> <p>4.2 Apply an interactive approach (ie. Work with and play with) to activities of daily living within the therapeutic milieu to develop relationships and promote involvement in activities</p> <p>4.3 Begin to understand behaviour management strategies necessary to promote positive behaviour</p> <p>4.4 Create and modify the therapeutic milieu to maximize learning and to promote change in children, youth and their families</p> <p>4.5 Identify, locate and evaluate community resources for programs and activities</p>
<b>Course Outcome 5</b>	<b>Learning Objectives for Course Outcome 5</b>
5. Understand and demonstrate an awareness of the rights of children, youth and their families.	5.1 Identify and access information on the rights of children, youth and their families including the United Nations Charter on the Rights of the Child
<b>Course Outcome 6</b>	<b>Learning Objectives for Course Outcome 6</b>
6. Apply communication,	6.1 Establish and maintain appropriate boundaries with

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	<p>teamwork and organizational skills to enhance quality of service in child and youth care practice.</p>	<p>classmates          6.2 Develop and apply organizational and time management skills          6.3 Utilize professional terminology where appropriate (this includes spelling and grammar skills which are supported in your Language and Communication courses)          6.4 Demonstrate and apply the concepts of subjective and objective observations and recording          6.5 Protect and maintain confidentiality as governed by College policy and professional code of ethics          6.6 Show an awareness and understanding of communication technologies, including social media and adaptive technologies          6.7 Select and use technologies to document all relevant information related to professional role and responsibility          6.8 Explain concepts in ways that are understandable for and respectful of diverse individuals and groups</p>
	<p><b>Course Outcome 7</b></p>	<p><b>Learning Objectives for Course Outcome 7</b></p>
	<p>7. Develop and implement self-care strategies using self-inquiry and reflective processes to promote self-awareness and to enhance practice as a child and youth care practitioner.</p>	<p>7.1 Assess professional skills, knowledge and personal well-being in an ongoing manner and reflect on the impact of these factors in future practice          7.2 Access and utilize appropriate resources and self-care strategies (ie. Cognitive/intellectual, physical, social, emotional, spiritual and financial) to enhance personal growth and future professional practice          7.3 Value self-care practices and integrate mindfulness, self-regulation and managing emotions and stress into one's own life          7.4 Identify and use strategies to prevent and/or combat stress in one's own life</p>
	<p><b>Course Outcome 8</b></p>	<p><b>Learning Objectives for Course Outcome 8</b></p>
	<p>8. Represent one's skills, knowledge and experience as a CYC in training in a realistic and clear manner for professional growth and lifelong learning.</p>	<p>8.1 List and describe skills and attitudes pertinent to the field of CYC          8.2 Determine current skills and knowledge through self-assessment, reflection and collaboration with peers and faculty          8.3 Establish reasonable, measurable and realistic personal and professional goals to enhance work performance and evaluate progress towards goals          8.4 Develop and implement strategies to guide ongoing professional growth and learning          8.5 Act in accordance with professional code of ethics and professional standards          8.6 Develop a professional identity as a child and youth care practitioner          8.7 Begin to establish a professional support network          8.8 Access and apply professional literature          8.9 Explore career choices and employment opportunities in the child and youth care field          8.10 Discuss history, current professional issues, future trends and challenges in the field of child and youth care</p>

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8.11 Accurately apply relevant policies and procedure requirements of community practicum

**Evaluation Process and Grading System:**

<b>Evaluation Type</b>	<b>Evaluation Weight</b>
Assignments	60%
Tests	40%

**Date:**

July 27, 2021

**Addendum:**

Please refer to the course outline addendum on the Learning Management System for further information.

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